

Proper Donning of Standard Tie-on Surgical Masks



Start with colored or printed side facing out, and the nose wire at the top. Then using the thumb and fore-fingers of each hand, locate the center of the mask while feeling the nose wire. Gently form (do not pinch) the nose wire into a U shape.



Place the formed nose wire over the bridge of the nose so it extends across the upper cheekbones and form the nose wire across the face using both hands.



While holding the mask in place with one hand, grasp the bottom of the mask, separating the folds, and fit the bottom of the mask under the chin towards the neck.



Grasp the top ties (one in each hand) and pull to the crown of the head. Tie the upper ties snugly so the mask is secure and does not slip down the face.



Grasp the lower ties (one in each hand) and pull behind the neck. Tie the lower ties snugly and securely so the mask will not ride up the face.



With both hands gently reform the nose wire over the nose and cheekbones. This will insure a proper and secure fit.



Properly secured surgical mask.